

FEELING VOCABULARY

Angry

aggravated
annoyed
defiant
disgusted
enraged
exasperated
frustrated
furious
hateful
hostile
indignant
infuriated
mad
obstinate
outraged
perturbed
peevish
pissed off
rebellious
seething
spiteful
surlly
upset
vengeful

Ashamed

apologetic
embarrassed
foolish
guilty
humble
idiotic
mortified
regretful
remorseful
shameful
worthless

Confident

bold
capable
centered
eager
energetic
focused
grounded

hopeful
inspired
keen
optimistic
powerful
productive
strong
sure
trusting

Confused

baffled
befuddled
bewildered
disoriented
flustered
perplexed
puzzled
scattered
troubled
unfocused

Happy

amused
cheerful
delighted
ecstatic
elated
excited
exuberant
gleeful
high
joyful
mischievous

Hurt

abandoned
abused
attacked
belittled
bitter
cheated
disappointed
dismayed
grieving
gypped
humiliated

mournful
sorrowful
rejected
resentful

Loving

affectionate
aroused
caring
devoted
intimate
tender
warm

Sad

despondent
depressed
dismal
low
melancholy
miserable
unhappy
weepy

Satisfied

adequate
content
mellow
peaceful
pleased

Scared

afraid
alarmed
fearful
frightened
horrified
hysterical
insecure
intimidated
nervous
panicky
petrified
terrified
threatened
vulnerable

Surprised

aghast
amazed
astonished
astounded
incredulous
shocked
startled

Thankful

appreciative
grateful
gratified
indebted
obliged
relieved

Thoughtful

challenged
curious
illuminated
informed
interested
pensive
reflective

Uncertain

cynical
doubtful
dubious
distrustful
hesitant
indecisive
pessimistic
skeptical
suspicious
unsure
unsettled

Uncaring

ambivalent
apathetic
bored
busy
detached
exhausted
indifferent

lethargic
lazy
tired
unmotivated
nonchalant
occupied
selfish
unconcerned

Wanting

empty
envious
homesick
hungry
ignored
jealous
lonely
longing
lustful

Weak

inadequate
burdened
controlled
despairing
discouraged
helpless
hopeless
impotent
inhibited
lost
passive
powerless
restricted
suicidal

Worried

agitated
anxious
bothered
restless
tense
uneasy
unsettled